

PROTEST AT TELEPHONE'S SHORTCOMINGS

People are complaining that the New England Telephone and Telegraph company is not keeping pace with the growth of its business either from this city to Boston, or to the agencies. They welcome even the faint rumor that the Postal Telegraph may enter the field, for the idea is entertained that competition would be a solution of the difficulty. Business men state that during the

past week the time required to make a connection with Boston has averaged one to four hours. The Herald, for instance, was from 1 o'clock to 4 getting communication with the Hub on Saturday.

BICYCLIST HIT AND INJURED BY AN AUTOMOBILE

While attempting to dodge an electric car at the corner of Congress and Middle street, the scene of a recent collision, Louis Sidelinger, a carpenter employed by Everett McNabb was struck by an automobile

owned by R. H. Beacham's garage, knocked from his bicycle and considerably injured.

The accident happened at about 7:30 this morning as Sidelinger was riding down Middle street. Eye-witnesses state that the automobile did not stop.

Sidelinger was taken to his rooms at 58 High street, where Dr. W. O. Jenkins found that his injuries consisted of a very severe shaking up, and cuts and bruises on his arms and hands. The full extent of the hurts will be better determined tomorrow.

LOST—An Airedale terrier. Finder suitably rewarded for notifying Dr. Ingals, State street. Ch. 17

SIX HURT WHEN AUTO CAPSIZED

Wheel Collapsed On Rogers Road, Kittery

Family of Arthur R. Young Have a Terrible Experience

Six occupants of an automobile had a narrow escape from death on the Rogers road, Kittery, on Sunday. As it was, two of them were badly injured and the rest very severely bruised and shaken up. The machine, containing Mr. and Mrs. Arthur R. Young, two children and two brothers of Mrs. Young, had just started from Mr. Young's residence and was moving along down the hill when the left forward wheel collapsed. Mrs. Young, seeing the danger ahead, threw one of the children from the machine to the side of the road to save it. The automobile went about fifteen feet and then turned turtle. All the occupants with the exception of Mr. and Mrs. Young and a boy got clear in some way or other but one of the children, a boy, was thrown clear through the wind shield. Mr. and Mrs. Young were buried under the automobile. When removed Mrs. Young was badly cut on the face and a wound on her leg below the knee required nine stitches. The boy was badly cut on the face and hand and Mr. Young was much bruised and cut. The injured were attended by Dr. H. I. Durgin of Elliot.

BIDDEFORD'S FIRE LOSS IS \$100,000

Blaze Was Under Control Early Sunday Morning

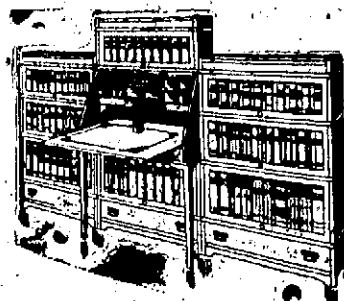
Surrounding Cities Sent Timely Aid To Help Fight Flames

The fire which for several hours Saturday night and early Sunday threatened to wipe out the business section of Biddeford, repeating the disaster which befell the sister city of Bangor a short time ago, was declared out at 4 o'clock Sunday morning. Conservative estimates place the damage at \$100,000. On Main street Goodwin's block, a three-story brick structure, in which were stores and offices, and half a dozen wooden business buildings were burned. All the owners will rebuild immediately, and under the city ordinances the new buildings must be of brick. Burning of tenement blocks on Elm street made 25 families homeless. One death resulted indirectly, Charles McCrosson, aged 26 years, of Portland, fell from a freight that he boarded to return home after the fire and was run over near Saco. That the fire may result fatally for Mrs. Anna Lee, Clare is feared. She is 70 years of age and had just submitted to an operation. From her burning home she was removed to the Webber Hospital. The fire started in Brunelle Bros. wood yard. Joseph Proulx, who lives opposite the wood yard, told the police that shortly before the fire started he had seen a man enter the Brunelle stable and come out again quickly. Within a few minutes flames broke out. The police are investigating on the theory of incendiarism. Injured volunteer firemen were resting comfortably Sunday night with no serious results anticipated.

GENERAL WOOD INSPECTS FORT CONSTITUTION

Gen. Leonard Wood, U. S. A., made a brief inspection of Fort Constitution and the other forts of the Portsmouth artillery district Saturday and then departed for Portland, where he will resume his tour of inspection. General Wood arrived at the fort about eight o'clock Saturday morning with Capt. Johnson Hapgood, a member of his staff. He was escorted about the reservation by Capt. G. R. Hancock, commanding the district.

BOOK- CASES



That Are Right

"Show me what a man reads and I'll tell you how he treats his wife."

There's more to this old quotation than you might think. You can size up a man from his books. Their condition often gives you a picture of his character. It's a sign of progress of civilization that millions of people today keep books in glass covered cases to protect them from grime and dust.

Globe-Wernicke bookcases that "build up" as you need them make it possible for anyone to own a glass covered bookcase to fit the exact number of his books. We sell hundreds of Globe-Wernicke bookcases every year. The cost is trifling.

Margeson Brothers

The Quality Store. Telephone 570.

KILLED ON CAR RUNNING BOARD

Youth Hit By Pole On Hampton Beach Trolley

Unfortunate Lad a Popular Student at Exeter High School

Shortly after midnight, Sunday Correllus A. Mahar, 18 years old. The car was stopped and he was found lying over the wall some twenty feet away, bleeding profusely and unconscious. He was taken in an automobile to the Exeter Cottage hospital, but died before arriving there. He was not badly disfigured but died freely from the nose, mouth and ears. He was one of the eight children of Mr. and Mrs. William Mahar and his parents lived on Dartmouth street his father being in the employ of the block signal department of the Boston and Maine railroad. Young Mahar was a student at the Exeter high school, a bright and popular boy, and would have graduated with next year's class. The death was the first vacation he was employed in she suddenly felt a sort of a jar and almost instantly after this young store of his uncle Daniel Kelleher.

AT THE STAPLES STORE

"NUBO" SHOULDER BRACE

We shall put on sale this Monday morning at 8.30 The "Nubo" Shoulder Brace for Men, Women and Children. Simple in construction, induces deep breathing, corrects round shoulder habits, expands the chest, keeps you upright without effort—On Sale Monday

24c Pair.

LEWIS E. STAPLES . . 7 MARKET ST.

WHAT WE SAY IS SO

LET US GIVE YOU SOME PRICES ON Furniture and Carpets

We Can Save You Money, and We
Guarantee Satisfaction

FREE DELIVERY

Easy Terms if Desired. Come in
and we will be glad to show
you over our store

D. H. McINTOSH THE BIG STORE THAT GROWS

Telephone 168
Connects All
Departments

Geo. B. French Co.

37-45
Market St.,
Portsmouth, N.H.

OPENING OF A HAIR GOODS DEPT.

Switches, Puffs and Transformations in
a Variety of Colors in Human Hair
Can Be Matched to Anyone's
Hair.

REASONABLE PRICES.

DRESS GOODS DEPARTMENT

Goods Suitable for Warm Weather

36 inch Natural Pongee at.....	39c Yard
27 inch Silk Muslin, all shades, just the thing for Hat Scarfs, at.....	25c Yard
18 inch Messaline, all shades, 59c quality for.....	50c Yard
44 inch White Serge (all wool).....	75c Yard
43 inch Shepard Checks, sizes 1-2 3 4, all at.....	50c Yard

A Big Assortment of Scotch Ginghams, Egyptian Tissues
add Chiffon Lisse.

SPECIAL WHILE THEY LAST

56 inch All Wool Broadcloth in Smoke and Black only, regular \$1.25 value— Special at.....	69c Yard
50 inch Mohair, Champagne color only, regular 75c quality—Special.....	35c Yard

Geo. B. French Co

BASE BALL

Knights of Columbus Defeat Morley Button, Soldiers Lose to Rye Beach, Y. M. C. A. Lose to Amesbury and Marines Beat Sailors.

K. C. 13; Morley Button 7.

The Knights of Columbus defeated the Morley Button team in a postponed game in the Sunset league schedule at the play ground on Saturday afternoon.

The Knights played much the better game and gave Heffernan excellent support, on the other hand Hart pitched good ball for the Morley but got wretched support, nine errors being responsible for many runs.

Kivan had his batting eye and cracked out four singles, and Heffernan assisted in the run getting with two hits. For the losers Connors played a good game and was very effective at the bat, and Goodrich caught a good game.

The summary:

K of C.	bb.	po.	a.	e.
O'Brien, lf	0	0	0	0
Kirvan, lf	4	0	1	0
Mates, cf	0	0	0	0
P. Flanagan, 2b	0	2	0	0
Heffernan, p	2	9	1	0
Driscoll, 1b	0	2	1	0
MacWilliams, ss	1	0	0	0
Hickey, 3b	1	2	0	0
Dondero, c	1	9	0	0
Totals	9	15	2	1

Morley Button.

bb.	po.	a.	e.
Pilgrim, 3b	1	1	1
Connors, 1b	3	7	0
Goodrich, c	0	4	1
Timmons, 2b	0	2	0
Hart, p	1	0	4
Reardon, ss, cf, lf	1	2	0
Cullen, cf, ss	0	1	0
E. Flanagan, lf, cf	0	1	0
McNeil, rf	1	0	0
Totals	10	15	8

Innings	1	2	3	4	5	6	7	8	9
K. of C.	2	6	2	2	1				
Morley Button	1	0	6	0	0				

Runs made by O'Brien 2, Kirvan 2, Mates 2, McWilliams 2, Hickey 2, Dondero 2, P. Flanagan, Connors 2, Pilgrim, Goodrich, Hart, Reardon, Cullen.

Three base hit—McWilliams.
Stolen bases—Driscoll 2, Kirvan, Mates, McWilliams, Hickey, Connors.

THE COMPANY WITH THE PYRAMID

41 CONSECUTIVE YEARS OF PYRAMIDAL PROGRESS

NEW HAMPSHIRE FIRE INSURANCE CO.

TOTAL LIABILITIES \$2,424,939.88
POLICY-HOLDERS SURPLUS \$3,128,350.22

GRANITE STATE FIRE INSURANCE COMPANY

Of Portsmouth, N. H.

Paid Up Capital \$200,000

OFFICERS—
Calvin Page, President;
Joseph O. Hobbs, Vice President;
Alfred F. Howard, Secretary;
John W. Emery, Asst. Secretary

CHICHESTER'S PILLS

THE BILLOW BRAND

SOLD BY DRUGGISTS EVERYWHERE

2. Pilgrim.
Struck out by Heffernan 8, by Hart 4.
Sacrifice hit—P. Flanagan.
Base on balls—Heffernan 3, by Hart 4.
Double plays—P. Flanagan, unassisted; Dondero to Driscoll.
Hit by pitched ball—Mates, McWilliams, E. Flanagan.
Wild pitches—Heffernan, Hart.
Umpire—Foley and Rathledge.
Time—1 hour, 15 minutes.

Marines 13; U. S. S. Tennessee 10.
The marine team from the barracks defeated the U. S. S. team at the navy yard, Saturday afternoon, by a score of 13 to 10. It was the second game in the navy yard league schedule.

U. S. M. C.	bb.	po.	a.	e.
Utecht, 1b	1	10	0	0
Labonard, lf	3	3	1	1
Walsh, rf	2	0	0	0
Colgrove, 3b	2	0	1	0
Pecella, ss	1	0	2	0
Young, 2b	1	2	0	0
Gilmore, cf	0	2	0	0
Ivory, p	0	0	2	0
Cox, p	0	0	2	0
Buckingham, c	0	10	1	0
Totals	10	27	9	1

U. S. S. Tennessee.	bb.	po.	a.	e.
Pollanger, 2b	2	3	5	2
Glass, ss	1	0	1	1
McCafferty, cf, 3b	1	12	0	1
O'Grady, p	3	0	3	0
Donahue, c	2	4	2	0
Oster, 2b	2	2	2	1
Rudd, 1b, cf	1	1	2	3
Sharky, rf	1	0	1	0
O'Keefe, lf	1	2	1	1
Totals	14	24	16	10

Innings 1 2 3 4 5 6 7 8 9
U. S. M. C. 9 10 10 0 0 2 13
Tennessee 6 1 4 3 0 0 10 1—10

Runs made by—Utecht 2, Labonard 2, Walsh 2, Colgrove, Pecella 2, Young, Gilmore, Ivory, Buckingham, Pollanger 2, Glass, O'Grady 2, Donahue 3, Sharky, O'Keefe.
Two base hits—Colgrove, Young, O'Grady, Donahue, Oster 2, Rudd.
Three base hits—Colgrove, O'Grady, Donahue.
Home run—O'Grady.
Stolen bases—Utecht, Labonard 2, Pecella, Walsh, Young, Oster.
Base on balls—by Ivory 2; by Col 3; by O'Grady 3.
Struck out—by Ivory 3; by Cox 3; by O'Grady 3.
Sacrifice hits—Glass 2.
Double plays—Utecht, unassisted; Labonard and Young.
Hit by pitched ball—Gilmore, Utecht, Cox.
Wild pitches—Ivory, Cox, O'Grady.
Passed balls—Buckingham 2, Donahue.
Umpire—Mr. Stanford of the U. S. S. Wisconsin, G. H. Sanders.
Time—2 hours, 10 minutes.

Rye Beach 7; 156 Company.

The Farragut house baseball team opened their season on Saturday by defeating the strong 156th company team from Fort Constitution in a good game, in which the soldiers did not show up as strong as they have been this season. The Rye Beach team is composed of college players, with Glen Giles, the Yale freshman pitcher, in the box, and Barrolls of the University of Pennsylvania, catching. Heyniger, the star Princeton pitcher, was at first, Charles Lanigan, captain of last year's Harvard team as third, and Parker of Princeton playing short stop. Giles struck out 16 men and Camack, the slab artist for the soldiers, pitched a good game, but received poor support, contributing two errors himself.

Rye Beach.	bb.	po.	a.	e.
Smith, 3	2	3	0	0
J. Shepley, 2b	1	1	0	1
Parker, ss	2	1	1	1
Heyniger, 1b	3	9	0	0
Barrolls, c	2	12	5	1
Fuller, cf	1	0	0	0
Baker, lf	0	0	0	0
E. Shepley, rf	1	1	0	0
Gile, p	2	0	3	0
Totals	14	27	10	3

Fighting Leader of Cardinals, Who Is Not given Proper support By St. Louis Fans



ROGER BRESNAHAN.
PHOTO BY AMERICAN PRESS ASSOCIATION

156th Company.	bb.	po.	a.	e.
Moran, 7th	0	5	0	1
Kubelke, 3b	1	3	2	0
Hoffman, 2b	0	3	2	0
Canneck, p	2	0	3	2
Fredericks, c	2	11	2	1
Richardson, ss	1	1	1	2
Caffery, cf, rf	2	0	0	0
Meredith, lf	1	1	0	0
Totals	11	24	10	7

Runs made, by J. Shepley, Parker, Heyniger, Barrolls, Baker 2, Gile, Kubelke, Camack, Fredericks 2, Richardson.
Two base hits—Parker, Heyniger, Fredericks, Meredith 2.
Stolen bases—Barrolls, Baker, Kubelke, Meredith.
Base on balls—by Camack.
Struck out, by Gile 15, by Camack 5.
Double play—E. Shepley and Heyniger.
Passed balls—Barrolls, Fredericks.
Umpire—Gen. Champlain.
Time—1 hour, 40 minutes.

AMESBURY 5; Y. M. C. A. 4.
The Y. M. C. A. went to Amesbury on Saturday and played the Clippers of that town and lost by a score of 5 to 4.

RIVER AND HARBOR

The annual report of the United States life saving service for the fiscal year ending June 30, 1910 is out, somewhat later than usual and somewhat more abbreviated than before, the reason for which is not easy to see. It does, however, show that during the year the life saving stations in this vicinity, rendered assistance to imperiled vessel property involving a total value of \$88,000, and that through the efforts of the crews there was a total loss of only \$14,235. The heaviest losses were of the tug Portland and the schooner Little Elsie.

The big power yacht Lady Jane, en route from New York to the Thousand Islands, was tied up at Apple-dore wharf Saturday afternoon. She was a crew of only 2 men to take her on her long trip.

The ancient coaster Horizon of New York arrived in port Sunday, attracted attention because of her very peculiar and canal-boat like design. She is a stranger to these waters.

The new three masted schooner Richard W. Clark was docked at Railroad wharf Saturday to discharge her cargo of coal, the first of the kind she ever carried. The Clark was built to bring home from the Cape Verde Islands the catch of the New Bedford whaling fleet, which uses those islands as a depot.

ARRIVED BLOW
United States cruiser Montana, Ch. 17.

The Scrap Book

And Dewey Agreed.
Chancey M. Dewey at a dinner in his honor in New York said of his notable oratorical gift:
"I have received many compliments on my skill at after dinner speaking, but the highest compliment of all came from an up state farmer.
"Senator," said he, "you might have typhoid and recover, you might have pneumonia and recover, you might have yellow fever and recover, but if you ever get lockjaw you'd bust!"

The Joy of Life.
It wakes in the throat of the woodland bird
In the rose flushed hush of the morn,
It gleams in the gold of the billowing wheat
And the tasseled pride of the corn;
It follows the feet of beauty and love,
It stirs in the strength of the strong,
And its light leaps up on the trampling field
Where bravely battles with wrong;
It slugs through each deed that is nobly done,
But sweetest, most undefiled,
It shines to the world in the world old way
From the face of each little child.
—Priscilla Leonard.

Not a Substitute.
Joseph P. Sherer told a humorous "experience" while "automobile riding" which, he said, illustrates the sarcasm which a woman is capable of when occasion demands.
"We were going along at an awful speed," he said, "I didn't see the dog, but I heard his 'ki-yi,' so I ordered the chauffeur to stop. Going back, we found an brute lady standing over her dead dog—one of the ugliest dogs you ever saw.
"She met us with a tirade of remarks, telling us in no uncertain terms what she thought of us and automobile bluffs in general, finishing up by calling us the murderers of her dog. It was then that I thought I would pacify her.
"Madam," I said, "I will replace your dog."
"Sir," she said in a freezing tone of voice, "you flatter yourself."—Milwaukee Free Press.

The Worst Had Happened.
Jerome K. Jerome objects to being labeled as a humorist pure and simple, but it was, of course, as a humorous writer and lecturer that he first attracted public attention. One of his lecturing tours was in the United States, and on his arrival in New York he was met by the usual group of reporters.
"Aren't you rather nervous," asked one, "about submitting your particular brand of humor to American audiences?"
"Young man," was the solemn reply, "I have faced a Scotch audience on a damp night, and now I fear no foe!"

He Knew the Brand.
Mr. Gumble visited Coney Island to look at the ruins of the Dreamland fire. He wandered about the street. He found a small boy with a bucket of lemonade on the head of a barrel. His sign, in twisted childish letters, proclaimed that he had that beverage for sale. "Poor little boy," mused Mr. Gumble, gazing upon the weakened and pinched features of the youngster. "No doubt he needs the money—bitterly. I will buy a glass of lemonade."
So he did. He gave the kid a nickel. As Mr. Gumble was standing by the stand, trying to get used to the taste, another small boy appeared. "Hey, Gimble," said the lemon-seller, "come watch dhn stan' while I go git me a drink."

Unappreciated Humor.
The elucidation of the mysteries of chemistry in Harvard in 1899 was Professor John Cook, a very sedate man and never intentionally guilty of a joke. One day in a recitation he said to a student, "Mr. Slack, how do you slack time?"
"For 10 cents I will," said the boy. "Not for no nickel I won't drink it."—New York Cor. Cincinnati Times-Star.

A RECORD BREAKING SWIM.
Lieut. Pendleton, U. S. A., swims the Piscataqua River in Tideway.
Lieut. W. A. Pendleton, U. S. A., attacked to Fort Constitution, made a record for swimming the Piscataqua river on Saturday. He started from the Newcastle shore and with a half flood tide swam over to the shore in front of the naval prison in fifteen minutes.
The tide was running in strong and he was forced to fight it the entire way across, but reached the other side strong. He rested a few minutes and then swam back to the Newcastle shore. During the trip he was accompanied in a boat by Lieut. Pagan, U. S. M. C., attached to the naval prison, who stood ready to go to his rescue if taken with cramps.

Will Not Be Responsible.
My wife, having left my bed and board, I hereby give notice that I will not hereafter be responsible for any bills contracted by her.
HARRY E. JOHNSON.

FRANK JONES PORTSMOUTH ALES

The Ales of Quality

You will not wonder what ale to call for in the future when you want an ale of quality, IF you will call for your ale by the name—FRANK JONES.

FRANK JONES BREWING CO., Portsmouth, N. H.

TAILORING

Army and Navy Uniforms

It isn't a little thing—this matter of looking well.
The implied respect—regard for the opinion of fellowman and woman.
Right appearance in business, and socially, is assured to the man who wears clothes that are made to bring out his good points.
Our Spring and Summer styles are all that the man can ask for who asks for the best.
Business Suits \$25 to \$40.
Finely also is assured, Satisfaction a certainty.

Telephone 354-4 Charles J. Wood TAILOR TO MEN Pleasant Street

ICE CREAM FREEZERS

A. P. WENDELL & CO.,

12 MARKET SQUARE.

OUR WAY Of Making Beer and Ale

Is to use the best Malt that money can buy and the best Hops in the world. Brewed by a master in the art of brewing, the purity, sparkling life, and delicious flavor of the Eldredge products have made friends everywhere.

ELDRIDGE BREWING CO.

Hoppy, Full Flavored, Smooth and Mellow

PORTSMOUTH BRANCH

Plymouth Business School

Admits pupils any Monday, and by its thorough and adequate courses of instruction, fits them for the present day demands in business life. DEPARTMENTS—Business, Shorthand, Civil Service, Preparatory Teachers, Commercial Training, and Private Secretary's Courses.

DAY AND EVENING SESSIONS
Times Building, Portsmouth, N. H. Telephone 643-13

JOY RIDERS COME TO GRIEF

Take Car Without Permission and Leave It a Wreck on Marvin's Island.

A big Simplex touring car, owned by a gentleman stopping at the Hotel Wentworth, and taken by his chauffeur without his permission, was wrecked early Sunday morning on Marvin's Island, and left along side the road. The driver and his joy riding companions are missing.

The owner of the machine with his driver came to the Wentworth on Saturday, and were to remain a few days. The driver has always under orders never to take the machine out during the night, but Saturday night he went to the garage, and said the machine had been ordered out. With several companions, they came over to this city and drove around the city at break neck speed until

early Sunday morning when they started for the hotel via the bridges. On Marvin's Island the machine collided with a fence and the right forward wheel was smashed, and the two rear tires blown out. The driver's hands were injured, but the others escaped without injury.

Sunday the owner of the car, when he called for his driver, found he was missing and also the car, and later the car was located on Marvin's Island, and Sunday afternoon towed to Beacham's garage in this city to be repaired. The owner reported four inner tubes missing, and thinks the driver got them.

Up to Sunday night no trace of the thieves had been found.

MONTANA AND WHEELING HERE

Cruiser and Gunboat Arrived at Yard for Overhauling.

The armored cruiser Montana arrived at the navy yard on Saturday afternoon, and in a short time she will be placed in reserve and given a general overhauling.

The Montana came up from Guantanamo, Cuba, having on board a full company of marines from the naval station there for the Charlestown navy yard, and a large detachment of marines for the other battleships now at the Cape. The cruiser put into Boston harbor Friday night and transferred the marines, and also

sent a detachment of twelve sailors to the battleship Rhode Island.

The Montana will be placed in charge of a skeleton crew, while being overhauled at this yard.

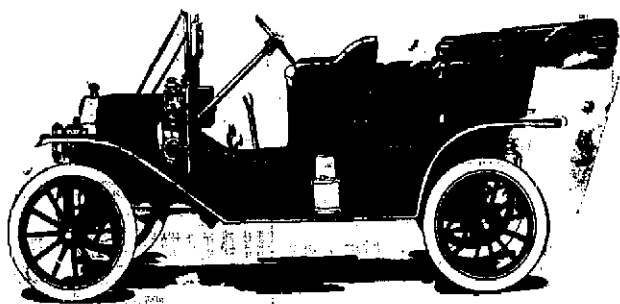
The gunboat Wheeling arrived on Sunday at the navy yard, coming north for the usual overhauling. This gives a good sized fleet at the yard, two battleships the Maine and Wisconsin, two cruisers, the Tennessee and Montana and three gun boats, the Eagle, Hiss and Wheeling, with two or more colliers.

A VICTIM OF THE HEAT.

James E. Drisco Dies From Effects of Heat Prostration.

James E. Drisco died Saturday and since that changed hands he has night, the result of heat prostration been doing gardening, and for several years has been janitor of the overcame on Wednesday, and taken Portsmouth Yacht Club.

Ford Motor Cars



A Good Car For Bad Roads.

The car of established quality—established value and low price. Backed by a company worth millions and completely organized. The lightest car in the world, size, power and capacity considered. The cheapest car in the world to buy and maintain—simple to operate. The strongest made car in the world—a car of Vanadium steel.

Complete as Shown \$780.00.

S. T. ADAMS & CO.
79 ROGERS STREET
PORTSMOUTH.

The Outdoor Girl

Playing Tennis.

Tennis, says the Woman's Home Companion, is a game which requires a great deal of bodily activity and produces a quick heart action, and a quick heart action necessitates deep breathing. Clothes which prevent deep breathing prevent both proper playing and keen enjoyment of the game. In other words, tight clothes should not be worn. Corsets which are so long as to impede free leg action are not fit for tennis, for a girl cannot run well without having free leg swing from the hips. Bloomers, a soft, unstarched duck or flannel waist and skirt, woolen stockings (to prevent foot soreness) and tennis shoes which fit snugly without being tight form the proper costume.

The other two handicaps, inferior muscular development, and slow nervous reaction, can be avoided, if not overcome. Inferior muscular development is inherent. But one of the beauties of tennis as a game is that it can be played without great strength. The player who depends upon speed and strength of shot alone, is almost sure of defeat, at the hands of the careful "place shot" player—she who, without either strength for smashes or great speed of ball, puts the returns where they just can't be reached.

"Nervous reaction time" means the time which elapses between the will to do anything and the doing of it. Players who are slow in the nervous reaction time will start to run to get to the ball they see coming over the net a fraction of a second later than those who have a quick nervous reaction time. The slow thinkers will swing their racket at the ball too late, often hitting at it after it has gone by.

But nervous reaction time as applied to tennis can be trained, just as the muscles can be trained. And there is no finer, quicker method of training than playing tennis with a brick or stone wall.

If you can get the use of the side of a house with smooth ground near it, draw a line three feet from the ground on the wall, representing the net, and proceed to "play the wall." Strive to make the ball hit the wall above the line. It will, of course, rebound to the ground. Hit it again. Hit it reasonably hard, so the return is swift. Hit it at various angles, so you have to run after the return. It is astonishing the improvement which a few hours of such practice will make in your game because of the increased "nervous reaction" speed.

Correct Carriage.

When you walk the whole body should be thrown into a state of mild tension, putting every muscle into vigorous, responsive action. It should be so perfectly balanced that every part does its work without strain. The abdominal muscles should hold in the stomach—quite possible even with the portly if they will but make the effort. The shoulder, hip and ankle joints should be upon a line, the chest held high, and head erect, but not tipped back.

The correct position of the head may be tested by holding a book upon the crown. In this position the body requires its greatest ease, and every muscle performs a maximum of labor with a minimum of waste and consequent expenditure of force.

Etiquette of Sports.

In regard to the etiquette of sports, nearly every outdoor recreation is practiced under the guidance of formal rules that the fair minded sportsman should learn to neglect. But these rules must be supplemented by certain minor niceties of behavior that are not laid down in the fixed regulations. Courtesy and consideration for others are the underlying principles in every form of etiquette, and nowhere is it more necessary than in outdoor sports.

What woman cares to ride or drive with a man who is not thoughtful for her comfort? What man or woman cares to play tennis or golf with a person who is rude or tricky in playings? And so on through all of the outdoor recreations.

Cream For Sunburn.

What a sunburned skin needs first of all is cream—not cold cream, but the real cream (that is skimmed off milk). If you are fortunate enough to have more fresh cream than you need for the table put it in thick layers on your face. Possibly you will find butter-milk even more soothing. If your face is very sensitive and you feel that it should be washed, beat some milk, dissolve cornstarch in it, using enough milk to cover the cornstarch, and wash the face in this, letting the cornstarch dry on the face. Then wash off with warm water.

Outing Hints.

Select comfortable shoes for mountain climbing and a serviceable but lightweight skirt.

Don gloves for gardening and motoring, even if they do feel hot, for grubby, blistered hands are never pretty to look upon.

Keep the elbows from growing callous with exposure from elbow sleeves.

Select a comfortable, lightweight shade hat that will shield the face for outings, one that can be rolled up in the trunk without damage and not be injured by rain or sun.

BATHING CLOAK.

A Graceful Wrap That Is Useful on Chilly Days.



BATHING CLOAK.

The French bather in her abbreviated bloomer bathing dress comes down to the edge of the water covered by a long, graceful wrap, which she throws to an attendant when she steps into the water. When she emerges after her bath the big wrap is ready to cover her up again.

These bathing wraps seem rather an affection on American beaches, where it is quite the custom to walk and sit about, clad in a bathing dress, but at the fashionable resorts the bathing wrap is much the thing, and of course it matches in color and material the pretty bathing dress worn under it.

If one pleases the wrap may be also used as a rug during the sunning on the sand. Spread out before one sits down, it keeps the wet suit free from sand and prevents the messy, heavy condition that is so unpleasant.

The bathing wrap pictured is of soft rubberized blue silk. It is lined with scarlet tulle and makes a pretty bit of color on the beach.

The silk cap shown in the picture of this bathing wrap is one of the favorite models just now. The dotted silk is drawn in folds over the rubber swimming cap, and at either side are ends of the silk.

TAILORED GOWNS.

They Are Smartly Made Up in Linen or Pique.

A smart gown of dark blue linen is pictured here. Its touch of special smartness is in the front panel finished with large round buttons. The blouse is cut low and is finished with a little round collar of the linen, just inside of which is set a line of white. A lace trim is brought down the front of the blouse. A patch pocket adorns the front of the waist.

No small necessary of dress is so important as the belt, and yet few give



BLUE LINEN DRESS.

it consideration. At present the semi-princess and other one-piece dresses do away with the necessity for belts; but, after all, its use on the skirt and shirt waist, when well tailored and trimly donned, may be very attractive. The washable belt should be neat and always fresh, and so many are needed.

Cookery Points.

Preserving Hints.

A veteran housekeeper suggests to facilitate the work on days when fruit preserving is to be done to have all ingredients and utensils ready in advance. If the fruit must be peeled do this early in the morning or even on the afternoon before, dropping each piece in cold water as soon as the skin is removed.

If berries must be hulled, hull them the day before. As to the tedious business of "topping and tulling" gooseberries, encourage the children in the family to do this a day ahead of time, paying them a few pennies for the task.

See to it that glasses and jars are scalded and rinsed out in cold water and ready to be filled. Be sure that the jar lids fit tightly and that the rubbers are new and unbroken. A defective rubber will cause the fermentation of an entire jar of perfect fruit. A pair of kitchen scales is an important article at preserving time.

Use agate or porcelain lined kettles for preserving and jelly making. Have a spoon with such a long handle that the steam from the contents of the kettle will not scald your wrist and hand as you stir them. A wooden or agate spoon is better than one of metal, upon which the acid of the fruit may cause a chemical action which will affect the taste or color of the fruit it touches.

Fruit Pudding.

Every one likes fruit pudding. It is made as follows: Into the upper pan of your double boiler put a pint of sweet milk, and when it comes to a boil stir in two tablespoonsful of cornstarch which has been dissolved in a little water. Let boil five minutes. Add one egg, well beaten, with half a cupful of sugar and a pinch of salt. Let boil two minutes, stirring constantly. Flavor with vanilla and stir in a cupful of raspberries crushed and sweetened. Remove from fire and beat well for a minute. Pour into mold, chill and serve with sugar and cream. Other fruits, such as blackberries, canned peaches (chopped fine) or even stewed apples, may be used.

Green Pear Conserves.

Pear conserve is thus prepared: Have ready a quarter peck of green pears, three lemons, two oranges, four pounds of granulated sugar, two ounces of green ginger root and a gill of water. Cut the pears into quarters, peeling them, removing the cores and dropping into cold water. Grate the rind from the three lemons; scrape the rind from the ginger root. Put through the food chopper the drained pears and the ginger root; add to them the sugar, the grated lemon rind, the juice of the lemons and oranges and the gill of cold water. Boil all together two and a half hours and pour into jelly glasses.

Gooseberry Jam.

Many persons are fond of gooseberry jam. To make it take the berries, wash and remove the stems and weigh them. For every pound of fruit allow three-quarters of a pound of granulated sugar. Put them, with the water clinging to them, into the preserving kettle and set them where they will heat slowly, stirring them up from the bottom often. When enough juice has exuded from the fruit to prevent scorching boil gently for an hour, still stirring every five minutes. At the end of an hour add the sugar and cook gently for an hour or more, or until the jam is thick.

Marshmallow and Raspberry Cream.

Marshmallow and raspberry cream is delicious. To make it take one dozen marshmallows cut fine, one cupful of cream whipped stiff and sweetened, one pint of strawberries, two table-spoonfuls of sherry wine and four small round pieces of angel cake. Place one piece of cake in a sherbet glass and pour one teaspoonful of sherry over it. Mix the marshmallows with the cream and fill the glass. Decorate with the sugared strawberries and serve at once.

Conserved Fruit.

The following fruit conserve will be much appreciated: Scrape and cut small enough peaplant to make a quart; stem a pint of red currants; pick over carefully a pint of red raspberries; cut fine a pound of walnuts and a pound of seeded raisins; cut up two oranges; grate the rind and squeeze the juice from two lemons; weigh all; add an equal weight of sugar and boil until thick; put into jars and seal.

Peach and Orange Marmalade.

For peach and orange marmalade peel enough peaches to make six pounds after the pits have been removed. Crack twenty peach pits and remove the kernels. Chop the kernels and add them to the peaches; add the juice and pulp of four large oranges and stir in four pounds of sugar. Boil, stirring often, until thick and clear. Put into glasses and when cold pour paraffin over the marmalade.

Fruit Gems.

For fruit gems form circles of boiled rice on little fruit plates, pile up strawberries in the center of each and pour over each a ladleful of pineapple juice well sweetened. All the ingredients should be ice cold.

WHEN PLAYING TENNIS.

The Costume Should Be Neat and Attractive as Well as Comfortable



LINEN TENNIS GOWN.

Tennis is increasing in popularity. Probably one reason for this is that the girl who plays golf can seldom dress the part attractively or retain her trimness long upon the links if she plays a tolerably good game. Tennis togs are distinctly fetching. The smart tennis gown may be made of one of the coarse linens that come in a dozen natural shades. It may be of plique or percale, of chambray, of lawn or even of pongee. It is cut low in the neck and finished with a round or a sailor collar of white or some contrasting material. The sleeves come to the elbow.

The gown may be a one piece affair, but ordinarily it has a separate blouse and skirt. The blouse is generally cut on peasant lines. There is a prettiest arrangement by which a gore is set under the arm that gives plenty of play to that member. The skirt is cut moderately short for convenience.

The gown illustrated here was of pale blue linen trimmed with white. The bodice was fastened at the left with large buttons, which were continued on the panel on the front of the skirt. A sailor collar, closing in a point in front, and turned back cuffs finished the blouse. A white chip hat trimmed with plumes, a rather more elaborate chapeau than most tennis girls choose, was worn with this frock. The costume would be equally suitable for walking, boating, croquet and golf. In fact, it is a good all round outdoor dress.

RIBBON BANDEAUX.

These Form an Important Part of the Evening Toilet.

Seldom has there been a season when ornaments for the hair have been so pretty and so odd. The picture shows a charming effect in gilt ribbon drawn over a satin band and gathered at the side to form a loop rosette. It was designed by Orr One.

There are many sorts of ribbon bandeaux and little flower wreaths. To



GILT RIBBON BANDEAU.

wear with the bordered cotton voles, for example, with pink or blue in the banding, a chaplet of tiny pink buds or minute roses would be effective. If marquisette gowns are worn and these show a touch of green needlework wreaths of ivy leaves would be beautiful, while soft colored ribbons or tinseled bands would go with any white scheme.

When buying the ribbon remember that the soft crushable weaves are all more becoming to the head than the stiff satin or grosgrain ones. A wide ribbon that can be folded, too, is far more becoming than a narrow one put on plain, for the plaiting and twists follow the undulations of the hair.

Tinseled bands showing gleams of pale blue or wild rose pink under the gold threads and with two hairpin loops for fastening them on are sold in the shops. Wreaths of baby roses, leaves, wheat and field grasses are also the wide louisiane ribbons are to be had.

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